

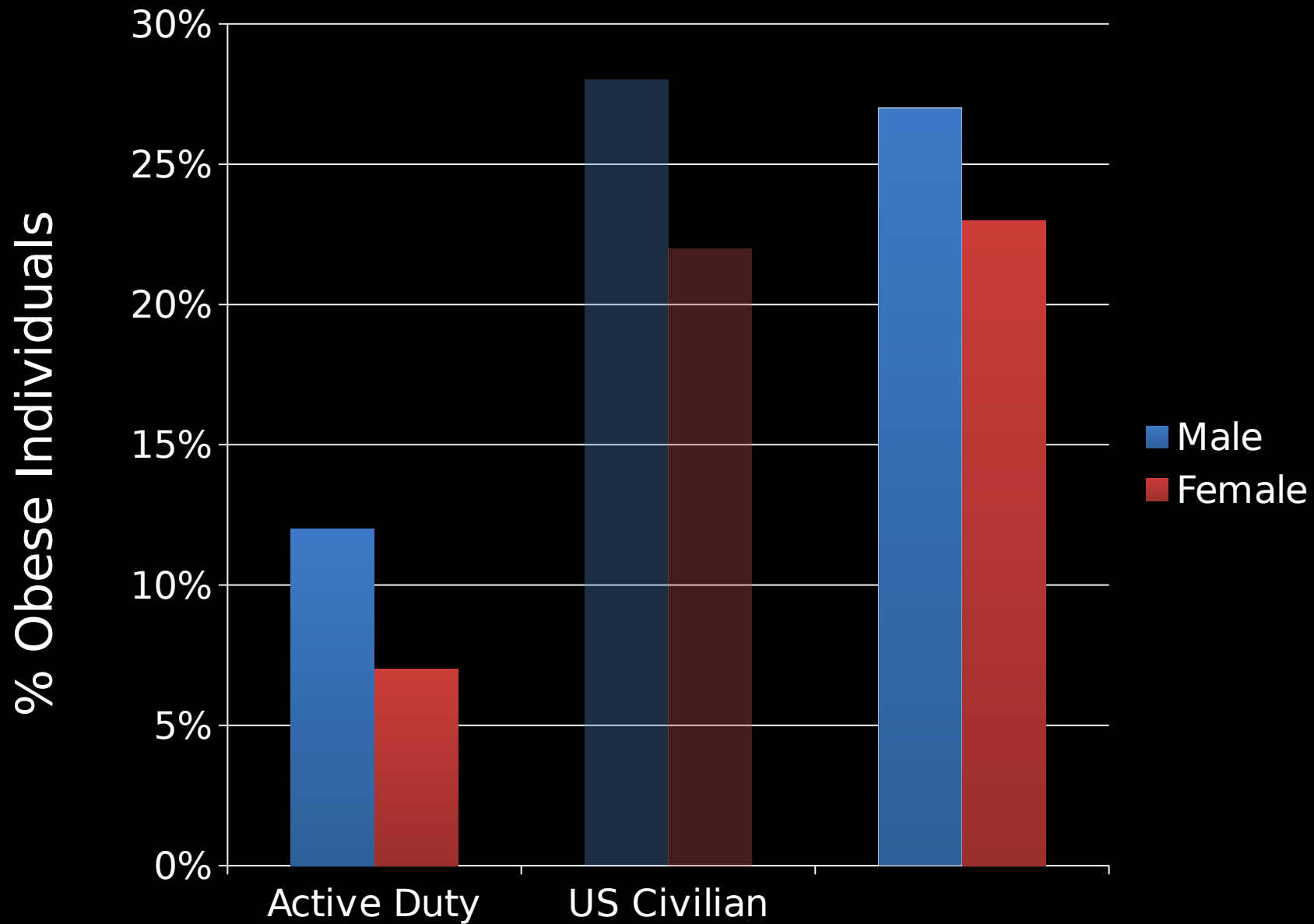
American Association of Colleges of  
Nursing  
Jonas Nurse Leaders Scholar Conference

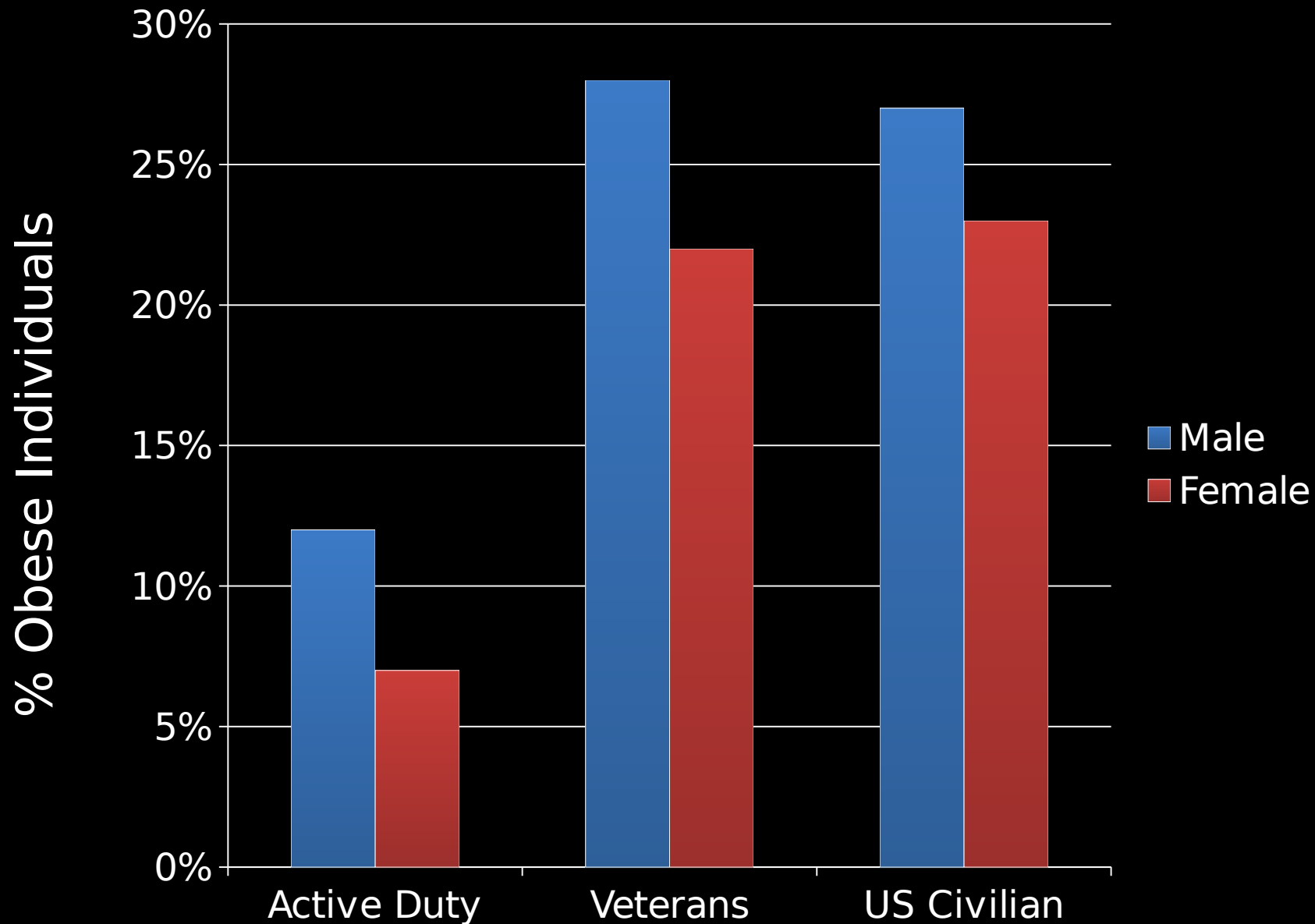
Keynote Remarks  
October 28, 2013

LTG Patricia Horoho  
43<sup>rd</sup> US Army Surgeon General



Injury to Recovery Video





From the Healthways/Gallup Poll chart showing obesity rates (BMI > 30) for Active Duty vs. US Population.

**Survival  
Emotional  
Thinking**



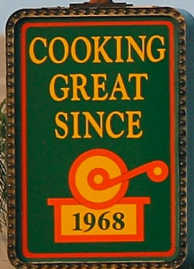
**500 Calories**



**Jog for 1 hour**



Forks Over Knives Traylor





2

1

7

150

10%

0

Video Clip – Your Last 10 Years



# ARMY MEDICINE

Serving To Heal...Honored To Serve

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